

## Resources

### Books For Children

[\*It's Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families and Friends\*](#)

By Robie Harris (for ages 4 and up)

[\*It's Perfectly Normal: Changing Bodies, Growing up, Sex, and Sexual Health\*](#)

By Robie Harris (for ages 10 and up)

[\*It's So Amazing!: A Book about Eggs, Sperm, Birth, Babies, and Families\*](#)

By Robie Harris (for ages 7 and up)

[\*What's the Big Secret?: Talking about Sex with Girls and Boys\*](#)

By Laurie Krasny Brown and Marc Brown (for ages 4-8)

[\*The "What's Happening to My Body?" Book for Boys: A Growing Up Guide for Parents and Sons\*](#)

By Lynda Madaras and Martin Anderson (for ages 8 to 15)

[\*The "What's Happening to My Body?" Book for Girls: A Growing Up Guide for Parents and Daughters\*](#)

By Lynda Madaras and Marcia Herman-Giddens (for ages 8 to 15)