

## Resources

### Books For Parents

[\*How to Talk with Teens About Love, Relationships, and S-E-X\*](#)

By Amy G. Miron and Charles D. Miron

[\*Sex & Sensibility: The Thinking Parent's Guide to Talking Sense About Sex\*](#)

By Deborah M. Roffman

[\*Sexuality: Your Sons and Daughters With Intellectual Disabilities\*](#)

By Karin Melberg Schwier and David Hingsburger

[\*Staying Connected to Your Teenager: How to Keep Them Talking to You and How to Hear What They're Really Saying\*](#)

By Michael Riera

[\*Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality\*](#)

By Terri Couwenhoven

[\*The Real Truth About Teens and Sex: From Hooking Up to Friends with Benefits — What Teens Are Thinking, Doing, and Talking About, and How to Help Them Make Smart Choices\*](#)

By Sabrina Weill

[\*Why Do They Act That Way?: A Survival Guide to the Adolescent Brain for You and Your Teen\*](#)

By David Walsh

[\*Talk to Me First: Everything You Need to Know to Become Your Kids' "Go-To" Person about Sex\*](#)

By Deborah Roffman

[\*For Goodness Sex: Changing the Way We Talk to Teens About Sexuality, Values, and Health\*](#)

By Al Vernacchio

[\*Making Sense of "It": A Guide to Sex for Teens \(and Their Parents, Too!\)\*](#)

By Alison Macklin

[\*Let's Talk About Sex\*](#)

By Robie Harris

[\*Who Has What? All About Girls' Bodies and Boys' Bodies\*](#)

By Robie Harris (for ages 4-8)

[\*What's in There? All About Before You Were Born\*](#)

By Robie Harris (for ages 2-5)